

County Galway Social Inclusion Week 2010

17th - 22nd October 2010

Free Programme of Events



Social Inclusion Week 2010



What is Social Inclusion?

Social Inclusion is making sure that everyone in society has an equal chance at a good quality of life.

It's about:

- Treating people equally regardless of their background
- Making sure people have equal access to goods and services
- Removing barriers and helping those that may need it more, for example older persons, disabled persons, Travellers, unemployed persons and so on
- Targeting resources where they are most needed
- Challenging discrimination
- Changing attitudes and ways of working

Launch of Social Inclusion Week and Link2BActive by the Mayor of the County

Join us on Monday 18th October 2010 at 12.45pm in County Hall, Galway County Council, Prospect Hill, Galway for the launch of Social Inclusion Week and the Link2BActive initiative. Social Inclusion Week is being coordinated by the Social Inclusion Unit of Galway County Council. Link2BActive is an initiative by the County Galway Sports Partnership to link unemployed people with sports facilities at a reduced rate. Refreshments will be served and all are welcome to attend. See www.galway.ie for further details.



What is Social Inclusion Week?

The 17th - 22nd October has been designated Social Inclusion Week in Ireland. The week is being used to highlight the good work that is taking place in County Galway to tackle social exclusion. It is also an opportunity to highlight the issues that still remain.



What is the 2010 European Year?

The European Commission designated 2010 as the European Year for Combating Poverty and Social Exclusion. The aim of the year is to raise awareness about poverty and social exclusion in Europe. Each European Country has prepared its own programme of events for the year. In Ireland the year is being co-ordinated by the Social Inclusion Division in the Department of Community, Equality and Gaeltacht Affairs and a national programme of events has been prepared. Log onto the website www.welfare.ie/EN/eu2010/ or www.2010againstpoverty.eu for further details.

Week Long Events

Pride without Prejudice

East Galway Mental Health Services in partnership with Mental Health Ireland will exhibit pieces from their recent art project 'Pride without Prejudice' created by people using mental health services in the East Galway area. The exhibition will consist of a combination of art and creative writing. The aim of the exhibition is to highlight the talents and abilities of those who have mental health difficulties. This exhibition will be on display in Ballinasloe Library all week so call in and have a look. For further information contact Nicola Morley, Mental Health Ireland on 086 3837607.

Displaying the work of the Parent & Youth Programme – Loughrea

This is a joint pilot project run in conjunction with NATC Youth Services and St. Brendan's Centre of Education and Training. Young people and their parents have worked together on art and literary pieces. The pieces of work will be on display in Loughrea Library during Social Inclusion Week.

Other Events taking place close to Social Inclusion Week

Movie Night - Screening of the film 'Milk'

The film 'Milk' will be shown in Gort Library on Thursday 14th October 2010 at 8.00pm. The story of Harvey Milk, and his struggles as an American gay activist who fought for gay rights and became California's first openly gay elected official. Refreshments and information packs are available free of charge on the night. Contact Gort Family Resource Centre on 091 630902.

Traveller Well Being Workshop

A workshop for members of the Traveller community to give information on health services and different ways to support wellbeing will take place in the Shearwater Hotel, Ballinasloe on Friday 15th October 2010 from 10.30am - 1.00pm. Contact Marie Brennan, Galway Traveller Movement on 091 880916.

Exhibition of Arts & Crafts

A display of arts & crafts by clients of the Brothers of Charity Orchard Services Centres in South Galway will take place in Gort Library on Friday 15th October 2010 at 11.30am. This exhibition is part of the ongoing programme of events called 'Arts Ability Abú' - a partnership between Galway County Council and the Brothers of Charity Service. Contact Rachel Cuniffe, Orchard Centre Gort on 091 631530.

Play and Creative Arts for all children (Advance booking is required)

The Play4All committee of County Galway are hosting inclusive, interactive workshops for people working with children and young adults aged 5 to 16 years in Kilcoona Community Creche, Headford on Saturday 16th October 2010. Contact Galway City & County Childcare committee on 091 752039 or email littleacornskilcoona@gmail.com.

Age Action Positive Ageing Photo Exhibition

This exhibition contains a sample of photographs from the National Positive Ageing photography competition called 'Generations Together'. It will be on display in Carraroe Library from Saturday 9th October to Wednesday 20th October 2010.

Music Sessions for Teens

Want to brush up on your skills? Join a band? Form a new group? A team of Irish and Polish musicians will facilitate a workshop for all budding musicians & singers, who enjoy music, want to improve their skills, learn about recording and gigs. Some instruments provided. If you are over 13 why not

pop along to Sign Out Youth Café, Portumna on Saturday 23rd October at 2.00pm and let's get rocking! Contact Susan on 087 6779267 or Tony on 086 2051346.

Your Community Your Safety

Ballinasloe RAPID Programme in conjunction with An Garda Síochána and Ballinasloe Tidy Towns will host an event on Community Safety in Gullane's Hotel, Main Street, Ballinasloe on Wednesday 27th October at 7.30pm. The event will provide the local community with up to date information on both the statutory and voluntary services that support safety in the community. Contact Kieran Coyne, Ballinasloe RAPID, Galway County Council on 091 476507.

Go for Life Training

A Go for Life activity training day will take place in the Oranmore Community Centre on Thursday 28th October 2010 from 9.30am- 3.30pm. Training delivered by Paul Gillen, HSE Health Promotion Unit. Contact Eileen on 091 548321 (before 1.00pm daily).

Make sure you have a voice!

Check if you are registered to vote on Galway County Council's website www.galway.ie. You can now register online if you are not.

Getting Started

'Getting Started' - Age Action computer classes take place in branch libraries throughout Galway City and County. These classes are free to attend. Please contact your local library for details - contact details on www.galway.ie. Classes are also held in family resource centres, schools and colleges. Further information available on www.ageaction.ie/getting-started.htm

Social Inclusion Awareness Raising with Young people

Na Caláí Community Development Project, Portumna will be raising awareness of Social Inclusion issues with the primary afterschool club each day during the week.

Storytelling Sessions in County Galway Libraries

A number of storytelling sessions will take place in branch libraries throughout County Galway during Social Inclusion Week. Please contact your local library for further details - contact details for all libraries on www.galway.ie. These sessions are part of a storytelling festival funded by the Arts Office of Galway County Council.

Adult Learning Service

County Galway VEC run a number of adult basic education programmes for all adults over 18 years. For help with reading, writing, spelling, everyday maths or English as a second language contact an organiser near you:

- East Galway Adult Learning Centre, Loughrea contact Sheila Donnellan on 091 847850
- VEC Adult Learning Centre, Moycullen contact Teresa Gilligan on 091 555877
- Tuam Adult Learning Centre, Tuam contact Sheila Holland Fox on 093 26609
- Ionad Foghlama, do Dhaoine Fásta, Casla contact Neasa de Bhailis on 091 506060
- Headford Adult Learning Centre, Headford contact Theresa Byrne on 093 34746

See also www.nala.ie for more information on literacy



This brochure has been produced by the Social Inclusion Unit of Galway County Council.

Social Inclusion Unit,
Galway County Council,
Web: www.galway.ie
Email: inclusion@galwaycoco.ie
Tel: 091 476510 or 091 476512

We would like to thank all the agencies, groups and contacts that have held events and activities during Social Inclusion Week.

This is just a sample of the work that agencies and groups are involved in on a daily basis.



The Social Inclusion Division of the Department of Community, Equality and Gaeltacht Affairs supports this programme of events as part of its funding initiative for the European Year for Combating Poverty and Social Exclusion.